## Salads

### Our salads are freshly prepared, served with crusty bread

Steak & Blue Cheese	£13.95
Chargrilled rump steak cooked to your liking, with blue cheese,	
marinated Asian vegetables and salad leaves	

Smoked Salmon £13.95

Lighly smoked salmon with Central 42 vegetables, rocket, mixed olives, lemon and mustard dressing

Chargrilled Chicken & Bacon £13.95

Warm chicken strips with bacon, served with Asian vegetables and rocket

Goats Cheese & Piquillo Peppers © £12.95

Crumbled goats cheese and sweet peppers, with shallots and salad leaves topped with a balsamic dressing

# Sandwich or Wrap Served until 4pm

All of our sandwiches are served with our hand cut chunky chips and a salad garnish

Pan Fried Rump Steak with Onions & Mushroom £14.25

Smoked Salmon with Cream Cheese & Rocket £13.95

Chicken, Bacon and Garlic Mayonnaise £14.25

Meatball with Tomato Sauce & Mozzarella £13.95

Roast Pepper, Goats Cheese & Spinach • £12.95

Caramelised Onion Houmous & Marinated Tomato £12.95

Bacon, Brie & Onion Marmalade NEW £14.25

## Children's Menu

Only £8.35

#### All our children's meals include a soft drink

- Spaghetti Bolognese
- Sausages, Beans & French Fries
- Fish Fingers & French Fries
- Chicken Goujons & French Fries

Children's ice cream +£1.95

Our descriptions do not mention all of our ingredients used so please ask your waiter before ordering. We cannot guarantee that our dishes (or oils they are cooked in) are 100% free from nuts or other allergens.





## **GIFT VOUCHERS AVAILABLE**

Just ask a member of staff

42 Saturday Market, Beverley, HU17 8AA T: 01482 888 889 • E: info@central42.co.uk

WWW.CENTRAL42.CO.UK

# CENTRAL

# **Appetizers**

Mixed Mediterranean bread with olive oil and balsamic vinegar (serves 2) •	£5.25
Marinated mixed Mediterranean olives <b>0</b> 0	£4.95
Sunblushed tomatoes 💇 🗓	£5.25

# **Sharing Appetizers**

Meat Platter (serves 2) A selection of chorizo, Cured ham and Lomo de León with pickled red cabbage, salad & crusty bread	£19.95
Meat & Cheese Platter (serves 2) A selection of the above meats with Manchego, blue cheese, Mahón cheese and pickled red cabbage, salad & crusty bread	£19.95
Seafood Platter (serves 2) Calamari, whitebait and king prawns in filo, served with aioli, sweet chilli sauce and salad	£19.95

## Paellas

CENTRAL 42 Special Paella (per person) Homemade traditional chicken and chorizo paella	£16.95
Seafood Paella (per person) Homemade traditional seafood paella with tiger prawns, mussels, squid and Mediterranean vegetables	£16.95
Vegetarian Paella (per person)	£16.25



# **Delicious Tapas**

Our delicious tapas style dishes are all freshly prepared in our
kitchen and are perfect as a light bite for one, or for sharing
with friends and family. We recommend 3-4 dishes per person

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Cheesy Garlic Ciabatta ♥ Grilled ciabatta with garlic and herb butter, topped with mozzarella cheese	£5.95	
*Tuscan Meatballs   Beef meatballs, served in a rich spicy tomato sauce, topped with mozzarella cheese	£8.75	
Tortilla Espanola © () Authentic Spanish omelette, with potato, onion, mixed peppers and spinach, served with a salad garnish and aioli	£6.95	
Calamari Deep fried seasoned baby squid, served with lemon & aioli	£7.45	
* Lamb Skewers	£10.35	
Bruschetta O Crostini bread with tomato, red onion, garlic & basil oil	£5.95	
Fried Halloumi © 0 Fried halloumi on a bed of marinated tomatoes, balsamic glaze and basil oil	£7.25	
Creamy Garlic Mushrooms © O Sautéed mushrooms and garlic, finished with cream and rosemary	£7.15	
*Chicken Skewers	£10.15	
Deep Fried Brie ♥ Brie lightly coated in breadcrumbs, deep fried and served with a forest berry sauce and a salad garnish	£7.25	
*Gambas Pil Pil <sup>()</sup> Pan fried tiger prawns in a rich tomato sauce, with olive oil chilli and garlic, finished with herb oil	£9.95	
Piquillo Peppers © • Baked baby red peppers filled with goats cheese, topped with tomato sauce and Manchego cheese	£7.25	
Smoked Haddock Croquettes Deep fried haddock fritters, served with lemon and aioli	£7.45	
Chorizo & Poached Egg O Chorizo baked with red onion, diced potato & a poached egg	£8.25	
Chicken Liver   Fried chicken livers with onion, garlic, cream and a hint of chilli, finished with a touch of red wine	£6.95	
Spicy Chicken Wings  Chicken wings marinated in a delicious spicy chilli sauce served with salad leaves	£7.25	

Gluten free option

Vegetarian Dishes

*Teriyaki Salmon <sup>()</sup> Served with noodles and spring onion	£9.95
*Duck Breast Roasted duck breast served on a bed of mixed salad with a soy, honey and ginger dressing	£9.75
*Fresh Shetland Mussels <sup>1</sup> Steamed Shetland mussels in white wine, cream and garlic Add Chorizo or Bacon & Truffle Oil + £2.00 each	£9.65
Mixed Vegetable Skewers ♥ ¹¹ Two Seasonal veg skewers with sweet chilli dip	£7.35
Salt Beef Croquettes  Deep fried salt beef and onion fritters, served with a piccalilli puree	£7.75
Koftas O Traditional homemade lamb koftas, served with minted cucumber yoghurt	£8.15
Pork Belly O Slow cooked pork belly served with homemade caramelised pear sauce	£8.25
Asparagus & Poached Egg   NEW  Sautéed asparagus spears, onions and a poached egg, topped with Hollandaise sauce	£6.95
* Pork Ribs Slow cooked pork ribs in a rich sticky BBQ marinade	£8.25
Tiger Prawns  Deep fried tiger prawns with Central 42 vegetables marinated in a sweet chilli sauce topped with rocket	£9.95
Hummus ♥ Our delicious homemade caramelised onion hummus, served with warm pitta bread and salad garnish	£6.35
Padrón Peppers © 0 Pan fried Padrón peppers sprinkled with sea salt	£6.75
Plain Nachos ♥ Topped with tomato salsa, guacamole & mozzarella cheese	£5.95
Chilli Nachos Ground chilli beef topped with tomato salsa, guacamole and mozzarella cheese	£7.25
Patatas Bravas ♥ Hand cut fried potato cubes, topped with spicy tomato sauce and aioli - Add Manchego cheese +£1.50	£6.25
Feta & Spinach Filo Roll © Filo pastry filled with feta cheese and spinach, deep fried and served with a salad garnish and sweet chilli sauce	£6.75
Baked Aubergine © O Seasoned baked aubergine slices topped with tomato, garlic, red wine sauce and mozarella cheese	£6.75
Mixed Side Salad 💇 0	£4.95
Hand Cut Chunky Chips © 0	£4.95
French Fries 💇 0	£4.95
Sweet Potato Fries 💇 0	£4.95